



Blue Mountains and Penrith Valley Cancer Support
Would like to invite you to





SUNSHINE DAY



“A day of pampering, relaxation and enjoyment”



**Where - Penrith Valley Cancer Support Centre,
56 Warwick Street, Penrith**

When - Saturday 25th June 2016, 9.15am - 2.30pm

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- ◆ Come along and meet our therapists
 - ◆ Information is available about our large range of therapies, such as massage, lymphoedema management, reflexology, acupuncture, Reiki, Bowen and Art therapy, plus QiGong and yoga.
 - ◆ Some 15 minute therapy sessions are available on the day for a gold coin donation.
 - ◆ Refreshments are available during the day.
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We'd love to see you there

**RSVP to Penrith Valley Cancer Support
Ph: 4721 1317 or Email: penrith@cancerhelp.net.au**



Bookings are essential for catering purposes

Feel free to stay and chat with our wonderful volunteers or friends you might make on the day.